

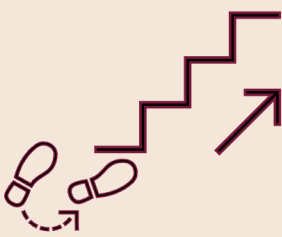
SHERRINGTON'S ROSENSHINE STRANDS

STRAND 1: SEQUENCING CONCEPTS AND MODELLING

Rosenshine:
2, 4 & 8

What and Why:

Break complex ideas into small, manageable steps and model your thinking as you go. This supports understanding by reducing cognitive load and helping students master each stage before moving on.



Try:

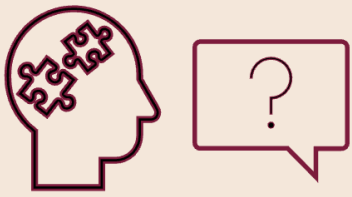
- Use “I do, we do, you do”
- Provide model answers
- Use diagrams to explain processes

STRAND 2: QUESTIONING

Rosenshine:
3 & 6

What and Why:

Use frequent, varied questioning to check understanding and keep all students engaged. Effective questions reveal misconceptions, deepen thinking, and strengthen recall.



Try:

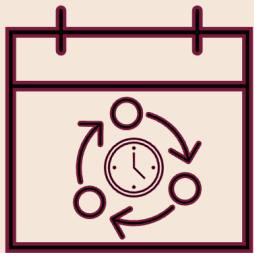
- Cold call and no opt-out
- Think-Pair-Share
- Ask follow-up questions like “Why?” or “Can you add to that?”

STRAND 3: REVIEWING MATERIAL

Rosenshine:
1 & 10

What and Why:

Use structured retrieval over time through daily, weekly, and monthly reviews. This strengthens memory and prevents forgetting by spacing out practice.



Try:

- Do Now quizzes
- “Last lesson, last week” prompts
- Cumulative flashcards or quick reviews

STRAND 4: STAGES OF PRACTICE

Rosenshine:
5, 7 & 9

What and Why:

Move from guided to independent practice by gradually removing scaffolds. This ensures students develop accuracy and fluency before working on their own.



Try:

- Use sentence starters or worked examples
- Writing frames (PEEL, PETAL, SQulD)
- Gradually remove supports
- Allow paired practice before solo tasks